

YOUR BENEFITS

GET A HEALTHY START *to the School Year:*

★ FREE ANNUAL CHECKUPS & WELLNESS REWARDS



Most of our medical and dental plans include **FREE** preventive care for you and your qualified dependents, including an annual preventive care visit and dental cleanings, so you can stay on top of your health without the extra cost.

That means **no copay** when your visit is coded as preventive care and completed with an in-network doctor.

WHY SCHEDULE A PREVENTIVE VISIT?

Stay ahead of your health.

Get recommended screenings, catch concerns early, and get personalized guidance from your doctor or dentist.

Best part? It's FREE for most of our plans.

Your in-network preventive visit is covered at 100% when coded as preventive care.

A quick checkup today can help you stay healthier tomorrow.

Earn a \$50 Be Well Benefit!

If you're enrolled in Critical Illness Insurance, you and your covered family members may be eligible to earn a \$50 Be Well wellness benefit by completing qualifying health screenings or wellness tests.

Learn more: 800-635-5597 | unum.com

FIND YOUR PLAN & GET STARTED

~personify™
HEALTH

Value Copay • Choice HSA • Premier EPO
833-549-2867
join.personifyhealth.com/ensign

garner

Garner can help Personify members find a top-performing provider.
866-761-9586 | getgarner.com/start

CENTIVO.

800-981-8925
centivo.com/ensign

cigna
healthcare

800-244-6224
cigna.com



**KAISER
PERMANENTE.**

800-464-4000
select.kp.org/ensign



DELTA DENTAL

800-765-6003
deltadentalins.com

SIMNSA

619-407-4082
simnsa.com