

Available July 1, 2026

Introducing FREE Migraine Care



For employees enrolled in the Personify Value Copay, Choice HSA, Premier EPO, or Centivo PCP Partnership medical plans.

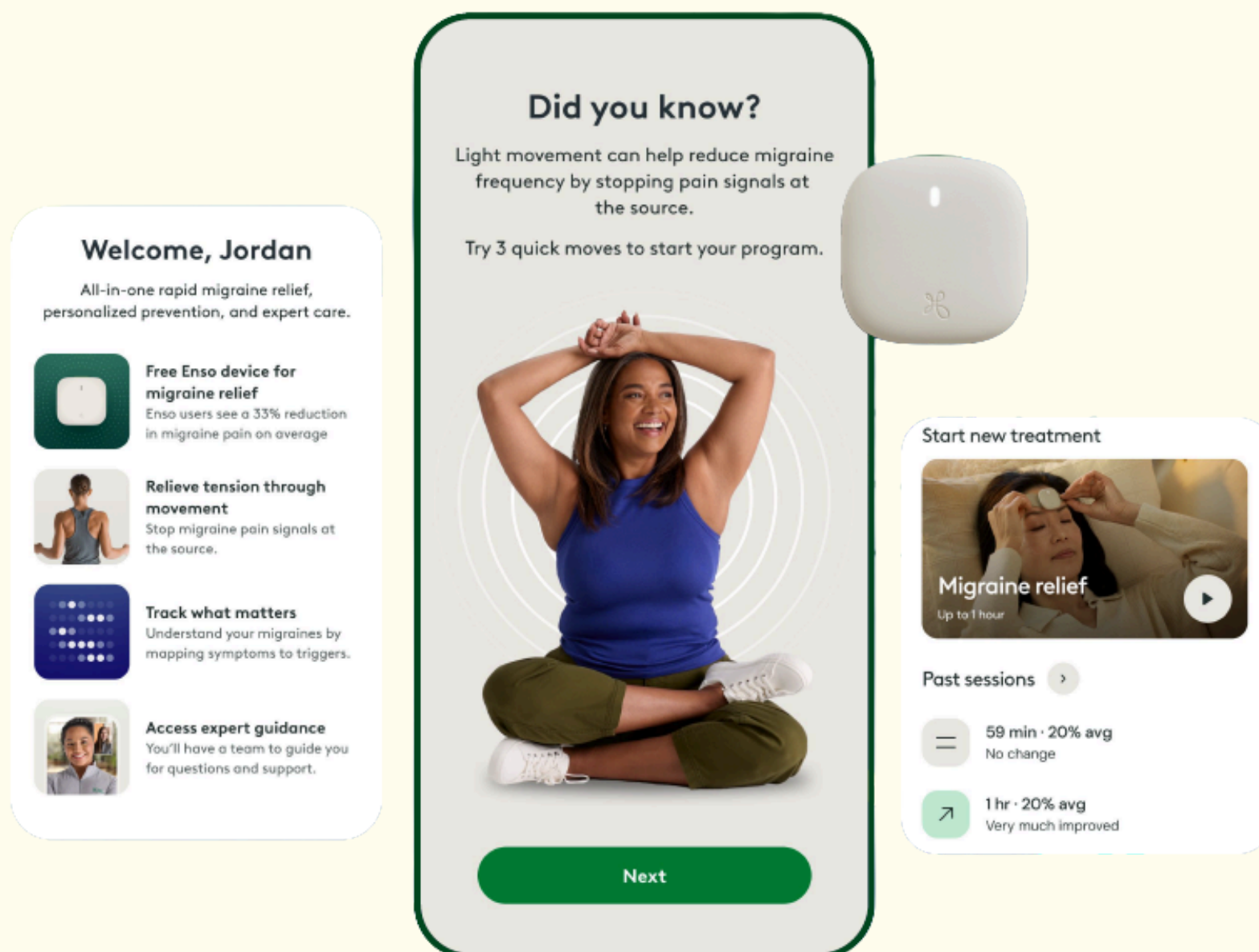
How to Get Started

New to Hinge Health?

- Scan the QR code or visit bit.ly/ensignhingehealth to enroll. Complete a short questionnaire and clinical screener. If eligible, you'll be enrolled in the FREE Migraine Care program.

Already using Hinge Health?

- Open the Hinge Health app and message your Care Team that you're interested in Migraine Care. They'll send you a questionnaire to determine your eligibility for the FREE Migraine Care program.



Fast, drug free pain relief

Access the wearable Enso device for migraines. This innovative neuromodulation technology works by applying gentle electrical pulses to stimulate your body's natural painkillers (endorphins) and block pain signals.



Proactive prevention

Tailored lifestyle adjustments and exercise therapy to help reduce the frequency of attacks.



Smart tracking

Trigger tracking and personalized data insights to help you better understand your health.



Comprehensive support

Guidance and encouragement from an experienced, dedicated care team.