



personify[™]
HEALTH

YOUR  BENEFITS

Nurturing Together

Elevate Your Healthcare Experience

Navigating the healthcare system can be complicated and frustrating. With Personify Health, you're not on your own. Your Personal Health Advocates are trained on your health benefits package and are ready to help you understand your benefits, out-of-pocket costs and more.

Your Personify Health benefits package also includes several clinical programs to help you, and your family live your healthiest life:

● **Nurturing Together** Cancer Awareness Case Management Disease Management

Nurturing Together

Guidance for a healthy pregnancy and baby's first weeks.

Are you a new parent or expecting a child? Our Nurturing Together program is designed just for you. Get expert guidance on staying healthy throughout your pregnancy and learn how to care for your baby during those crucial first six weeks. We're here to provide you with guidance and information needed for a happy and healthy start to parenthood.

You may be eligible to receive a \$250 gift card from Amazon! Please contact your Nurturing Together Nurse for details. (NOTE: You must be enrolled in the Nurturing Together program and actively participate with your Nurse, at least five times before the 32nd week of your pregnancy.)

Have questions or want to learn more? Contact us at 1(800)442-7247 Ext. 2419 HC-M2B@Healthcomp.com