# Local Government Support During COVID19

#### **Food and Nutrition Services:**

The Food and Nutrition Service (FNS) is currently offering different resources for food and nutrition support during COVID 19. Services include different waivers for those who are eligible along with flexible application processes with extensions. Visit the links below to see what is available to support you and your family:

- Link for Full List of Resources in Relation to COVID-19
- <u>Link</u> for Adults 60 and over and the disabled
- <u>Link</u> for Eligibility and General Application





Centers for Disease Control and Prevention CDC 24/7: Saving Lives, Protecting People™

### If You are Uninsured?

If you or a family member are uninsured, you can contact your <u>local health department</u> who can perform a risk assessment and perform the test for free if indicated.

## **HealthCare Exchange:**

You may be eligible for a special subsidized medical enrollment opportunity through your <u>state</u> <u>exchange</u> or through <u>HealthCare.gov</u>.



## **Ensign Services Employee Assistance Program (EAP)**

**Don't forget about your FREE EAP** available to all affiliate employees 24/7:

- Stress Management and Free Counseling
- Find Childcare and Elder Care services available to you
- Housing Assistance
- Financial Services Support (a free 30 minute consultation with an attorney)