YOUR BENEFITS

"Retirement & Financial Wellness"

As a benefit of your plan, Fidelity representatives are available to help you create a Financial Wellness strategy that's right for you and your goals.

Call 800-603-4015 to start your one-on-one conversation

Fidelity's representatives are specially trained, have a detailed knowledge of your workplace 401(k) savings plan, and can assist with a range of needs, including:

- **Enrolling in your 401(k) plan and discussing an asset allocation that may be right for you**
- **Putting a plan in place that balances the needs of your life today with your needs in retirement**
- **Helping you understand how much you'll need to retire, the steps you can take to get there, and what your income may look like in retirement**
- **Helping you balance multiple financial goals, such as paying for college, buying a home, reducing debt, or building an emergency fund**

You can also email benefits@ensignservices.net for easy access to basic account information.

Fidelity also has many online planning tools, as well as the resources to help you make informed decisions. Whether you're looking for educational videos, podcasts, or planning calculators, NetBenefits® is the one-stop destination to help you stay on track.

You can also download the **NetBenefits® smartphone app** for on-the-go access to your Fidelity workplace accounts.

Empower yourself with free online workshops.

Whether you're just starting out or are an experienced investor, our online workshops can give you the knowledge you need to help you create and follow a more successful path to retirement. Below are just a few of the topics covered:

- **Budget and debt management**
- **Saving for multiple goals**
- **Investing and choosing your investment approach**
- **Building a retirement income plan**
- **Estate planning**

Visit netbenefits.fidelity.com/workshopregistration to learn more.